**APRIL MORNING ELDERCARE CLASS 2024**

**HANDOUT 7**

**MARKS: 30**

**TIME: 30 MINUTES**

1. State 5 safety precautions to put in place while caring for a mentally ill patient. (5mks)
2. State 6 good bedside manners. (6mks)
3. State 5 ways to reduce work-related stress as a caregiver. (5mks)
4. State 4 ways to ensure professional time management while working as a caregiver. (4mks)
5. List six good hygiene practices for caregivers. (3mks)
6. State 7 good etiquette and courtesy at work. (7mks